



# Goldenhill Primary Academy

Online Safety Information for Parents and Carers

2021-2022

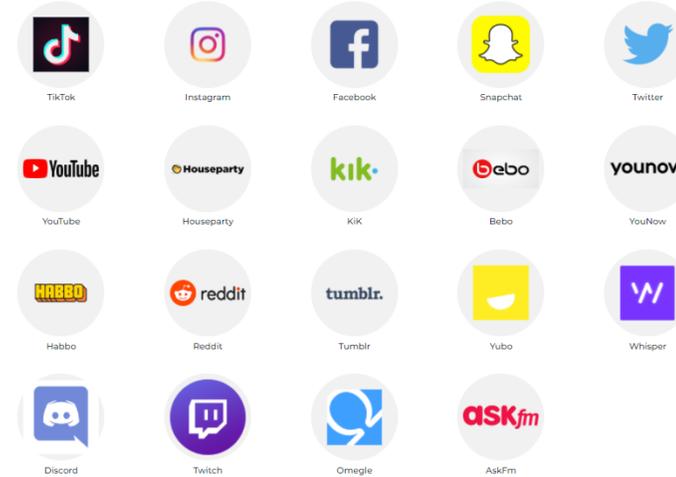
# Introduction

- **Awareness**
- **Risks**
- **Reporting Incidents**
- **How you can help**
- **What we do at Goldenhill**
- **Useful Resources**
- **Telephone Helplines**

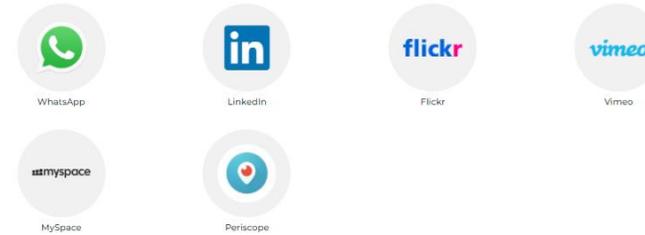


# More and more children are using social media from a young age but what are the legal age restrictions?

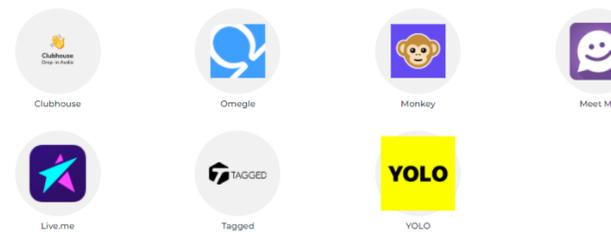
## 13 years old and upwards



## 16 years old and upwards



## Not suitable for under 18 years old



Social Media  
Age Restrictions

# Reasons for Social Media Restrictions

Mainly websites are for older users. This is due to...

- They contain adult content
- The servers are not held in the UK or Europe so the data can be shared,
- Social media can lead to bullying
- Children are vulnerable to grooming on social media.

# Conduct

- Children need to be aware of the impact that their online activity can have on both themselves and other people, and the digit footprint they can create on the internet.
- It's easy to feel anonymous online and it is important that children are aware of how is able to view it and potentially share the information they have posted.
- When using the internet, it is important to keep personal information safe and not share it with strangers.

# Content

- Some online content is not suitable for children and may be hurtful and harmful. This is true for content accessed and viewed via social media networks, online games, blogs and websites.
- It is important for children to consider the reliability of online material and be aware that it might not be true or written with abais.
- There can be legal consequences for using or downloading copyrighted content, without seeking the author's permission.

## Contact

- It is important for children to realise that new friends made online may not be who they say they are and once a friend is added to an online account, you may be sharing your personal information with them.
- If you have concerns that your child is, or has been the subject of inappropriate sexual contact or approached by another person (including, but not limited to, a request to meet up or a request for images/videos), it is vital that you report it to the police via the Child Exploitation and Online Protection Centre.  
([www.ceop.police.uk](http://www.ceop.police.uk))

# Cyber Bullying

- **Cyberbullying is bullying. It takes place online using technology. It is important that young people know what to do if they or a friend are the victims of cyber bullying.**
- **Cyberbullying can happen in many different ways including unkind messages and comments, the sharing of embarrassing photos or exclusion from a group chat.**
- **Children need to understand that their online actions can be just as hurtful as offline actions and that seeking to deliberately hurt or upset someone is always unacceptable.**

# Sexting

- Sexting is taking and share a nude, partially nude or sexually explicit image or video.
- If the person in the image is under 18 then it breaks the law. The Protection of Children Act states that it is illegal to create, distribute or possess an indecent image of a child, including self generated images (e.g. selfies).
- The police take a common sense approach and are not seeking to criminalise young people but do have a duty of care to investigate.
- In the online world, content can get very far, very quickly therefore young people need to understand they may lose control of who else sees their image. This can lead to emotional and reputational consequences.
- Sexting is a risk even for younger people. A child with an access to a device, who can take a photo and send it on, may not understand the possible consequences and just think they are being funny.

## Advice on Grooming

- Discuss online friendship with your child. Make sure that they understand that a person they have never met face to face before is still a stranger.
- Discuss what kinds of information they should avoid sharing with others.
- Ensure they know, that they can come to you if they have any concerns or worries.

**If you have any suspicions what so ever about someone who is in contact with your child online then report it to CEOP.**

# Advice on Cyberbullying

- Discuss Cyberbullying with your child.
- Teach the importance of online respect and make sure they know they can talk to you if they have any concerns or worries.
- If they are a victim of this type of behaviour make sure you save the evidence, report it to the school/police and use online tools to report and block the perpetrator.
- Do not retaliate to your child or deny them access to a device or service. They may feel punished when they are already a victim.

## Advice on Sexting

- Discuss sexting with your child and ensure they know that once this kind of content gets out there, it is very difficult to get it back and the consequences of this can be very upsetting.
- Make sure they know they can talk to you if they have any worries or concerns.
- With younger children, discuss which parts of their body should be kept private.

**Do seek advice from our school if you need a further support.**

**Do report to the police or CEOP if you have any suspicions about the involvement of an adult or if you think your child has been coerced.**



## Are you worried about online sexual abuse or the way someone has been communicating with you online?

Make a report to one of CEOP's Child Protection Advisors

### Should I make a report to CEOP? →

If you're worried about online abuse or the way someone has been communicating online, let CEOP know.



### What happens when I make a report? →

One of our experienced Child Protection Advisors will be there to make sure you get the help that you need.



### How can CEOP help me? →

Online abuse affects many children and young people every day, CEOP has helped thousands of people in need of support.



**Make a report**

If you have been a victim of sexual online abuse or you're worried this is happening to someone you know, let us know safely and securely

Reporting to the  
CEOP

**Report any suspicions grooming to the Child Exploitation and Online Protection Agency.**

[www.ceop.police.uk](http://www.ceop.police.uk)

# Reporting Harmful Content



Report

Advice

## We can help you report:



Threats



Impersonation



Bullying or Harassment



Self Harm or Suicide Content



Online Abuse



Violent Content



Unwanted Sexual Advances



Pornographic Content

Find out more

If you or the person you are helping is in immediate danger please contact the police dialling 999



Action Counters Terrorism: If you've seen something online that supports, directs or glorifies terrorism, report it here.

Report Terrorist Activity

We are unable to take reports of sexual images of under 18s. You can report sexual images of under 18s online directly to the Internet Watch Foundation.



Report Child Sexual Abuse Imagery

[www.reportharmfulcontent.com](http://www.reportharmfulcontent.com)

# Reporting Child Sexual Abuse



[www.iwf.org.uk](http://www.iwf.org.uk)

# Social Media Reports

## MAKING A REPORT

Look out for these symbols on the post, comment or user profile you want to report



Report video  
Timestamp selected \*  
0 : 00  
Provide additional details  
0/500  
Flagged videos and users are reviewed by YouTube staff 24 hours a day. It may take a week to determine whether they violate Community Guidelines. Accounts are penalized for Community Guidelines violations, and serious or repeated violations can lead to account termination. Report Abuse  
CANCEL REPORT

Report  
Let us know!  
Submit  
250

Game or Player?  
Which Player? Choose One  
Type Of Abuse Swearing  
Short Description (Optional)  
**ROBLOX**

We use your feedback to help us learn when something isn't right.  
Nudity Violence Harassment  
Suicide or self-injury False news Spam  
Unauthorised sales Hate speech  
Terrorism Something else

Choose a reason for reporting

Choose a reason for reporting this post:  
I just don't like it  
Nudity or pornography  
Hate speech or symbols  
Violence or threat of violence  
Sale or promotion of firearms  
Sale or promotion of drugs  
Harassment or bullying  
Intellectual property violation

Fill out the form with as much detail as possible and press send to inform the platform's safety team.

# Talking to your Child

## START ON A POSITIVE NOTE...

What do you like most about the internet and why?  
Whats your favourite game/app/site?

The internet offers brilliant opportunities for making connections with others. Who do you like to keep in touch with online and what apps/-services do you use?

Do you like to be creative online?  
What have you created?  
  
(It could be anything from a picture or video to creating their own games, sites or apps.)

## KEEP THE CONVERSATION GOING

Do you have any tips for how to be positive and show respect online?

What could you do if someone online is making you or someone you know feel worried or upset?

How might you know if you are using the internet/technology too much?

How does the internet make you feel? Do different apps/games makes you feel differently?

Do you know where to go for help, where to find safety advice and how to use safety tools on your favourite apps and games?

Help me!  
Can your child show you how to do something better/safer online?

## What we do at Goldenhill

- Online safety lessons will look at social media and other online behaviour, how to be a good friend online and how to report bullying, misuse, intimidation or abuse.
- Safer Internet Day 2022 is on 8th February and will be celebrated with the theme 'All fun and games?' Exploring respect and relationships online'.

**However, children will often learn most from the models of behaviour they see and experience, which will often be from adults.**

# Useful Resources

- [www.childnet.com/parents-and-carers/have-a-conversation](http://www.childnet.com/parents-and-carers/have-a-conversation)
- [www.childnet.com/resources/family-agreement](http://www.childnet.com/resources/family-agreement)
- [www.internetmatters.org/parental-controls/](http://www.internetmatters.org/parental-controls/)
- [www.saferinternet.org.uk/advice-centre/social-media-guides](http://www.saferinternet.org.uk/advice-centre/social-media-guides)
- [www.net-aware.org.uk](http://www.net-aware.org.uk)
- [www.commonsensemedia.org](http://www.commonsensemedia.org)
- [www.askaboutgames.org](http://www.askaboutgames.org)
- <https://www.facebook.com/safety/parents>
- <https://saferinternet.org.uk/blog/new-parental-controls-launched-on-netflix>
- <https://www.nspcc.org.uk/keeping-children-safe/online-safety/parental-controls>
- <https://www.internetmatters.org/parental-controls/social-media/instagram/>
- <https://www.internetmatters.org/hub/guidance/snapchat-safety-a-how-to-guide-for-parents/>
- <https://www.internetmatters.org/resources/whatsapp-safety-a-how-to-guide-for-parents/>
- <https://www.tiktok.com/safety/en/guardians-guide/>
- <https://saferinternet.org.uk/safer-internet-day/safer-internet-day-2022>
- <https://www.nspcc.org.uk/keeping-children-safe/online-safety/talking-child-online-safety/>

# Telephone Helplines

- If you are worried about a child:

**NSPCC** 0808 800 5000

- For online safety:

 **0808 800 5002**  
Let's keep kids safe online

- For mental health advice:

**YOUNGMINDS** 0808 802 5544

- For parenting and family support:

 **0808 800 2222**